

FOR IMMEDIATE RELEASE

Contact: Lora Lea Misterly
Quillisascut Farm School
Phone: (509) 738-2011-
loralea@quillisascut.com
www.quillisascut.com

**Food and Farm Literacy for Writers and Journalists,
August 3 - 7, 2011** Farm based *workshop with author Gary Paul Nabhan*

Rice, WA - 2/24/2011 – Quillisascut Farm™ announces a new immersion workshop for food writers and journalists, to help broaden their knowledge of the methods, origins and ingredients behind the food we eat. Author and ethno botanist Gary Paul Nabhan will guide us in a discussion from his recently published book *Where Our Food Comes From: Retracing Nikolay Vavilov's Quest to End Famine* and his newly released *Chasing Chillies*, on farming, food and climate change. This is an opportunity to get past the concept of writing about food movement “rock stars” and form the alliances we need for a healthier food culture.

It's time to write the full story of the sustainable food movement!

What breed of chicken laid that egg? What does it take to grow a fruit tree with organic methods? Why do we eat the foods we eat? Why do Americans love cheap food? Why are we so disconnected from the land? With all the chatter about local foods and sustainability, writers can provide the deeper details for greater understanding.

If we are to continue down the path of cultivating local sustainable food communities, we need to recognize the riches, beauty and abundance of the harvest we all share. Food journalists are the spokespeople for what is on the menu, from urban cores- to backwaters like Rice, WA.

The workshop will include hands on cooking, gardening, goat milking and farm tours, with time for reflecting, writing and sharing.

Early registration \$795 (before June 1, 2011) after \$895 per person, participants stay on the farm, tuition includes bunkhouse style lodging and meals. (Transportation not included) Limited to 12 participants. For more details www.quillisascut.com including applications and fellowship opportunities or contact Lora Lea Misterly 509-738-2011 loralea@quillisascut.com

About Quillisascut Farm School™

Quillisascut Farm School™ is located on a farm near the rural town of Rice in Northeastern Washington State, and is owned by Rick and Lora Lea Misterly. The Misterly's began offering farm-based workshops in 2002. Since that time more than 700 participants have attended one of the hands-on immersion workshops. The 36-acre farm is located at the base of the Huckleberry Mountain range, just off the Columbia River. The farm is also home to the Quillisascut Cheese Company™ farmstead cheese since 1987.

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